

Old Farm Pony Records Presents

ROSE COUSINS



Since her 2006 debut release, *If You Were for Me*, Cousins has charmed audiences throughout North America, from intimate house concerts to sharing the stage with Symphony Nova Scotia. Rose explores love and loss, longing and loneliness, and the strength of the human spirit. Her music combined with her humorous banter makes it customary to both laugh and cry during a live show.

The Send Off, produced by Luke Doucet, is a strong, creative follow up to her debut release.. It draws on her first affair with music as Cousins reintroduces the piano as an integral aspect of her writing.

Piano appears on three tracks starkly different from each other: *Young Once*, a gentle lullaby to a new life, *I Don't Care*, Mary Margaret O'Hara's stellar ode to losing love, and *All the Time it takes to*

Wait, a devastating composition detailing one of life's difficult realizations.

"*The Send Off* is about letting go: all of the ways we let go, don't let go, how great it can be and how hard it is."

The album's title track *The Send Off*, and the beautiful waltz *The Dancers*, are about the most blatant form of letting go, the loss of a loved one. *Maybe I Knew* addresses the need to let go of love and the ensuing understanding of realizing one's part in the process.

The album's lead track *I Were the Bird* reveals an understanding of the joy in one's own life when we look at ourselves and appreciate what we have, not what we don't.

"I'm proud of all of the songs on this record and notably the inclusion of tunes that come from a place of pure joy." *Celebrate* and *Sadie in the Kitchen* realize the joy that can enter our lives when we allow it.

Rose Cousins, originally from Canada's smallest province, Prince Edward Island, now makes her home in Halifax, Nova Scotia.

Recent Awards

East Coast Music Awards Female Recording of the Year (2008)
Mountain Stage Newsong Contest (2007)
Nova Scotia Music Awards for Best Folk Recording and Galaxie Rising Star (2007)
Prince Edward Island Music Awards for Folk Recording and Female Vocalist (2007)
Canadian Folk Music Awards Best Solo Artist (Nomination 2007)

Recent 2010 Tour Dates

Feb 1 - 14: UK Tour	Mar 27: Michigan
Feb 17-22: NAFA, Memphis, TN	Mar 28: Chicago, IL
Feb 25: Vancouver Olympics	Apr 9: Dragonfly Café, Antigonish, NS
Feb 26: Folkway Music, Guelph, ON	Apr 10: Shannon Studio, Port Hawkesbury, NS
Feb 26: Snowed In Series, Ayr, ON	Apr 11: Stoneham Lodge, Pictou, NS
Feb 28: Rankin Hall, Kingston, ON	Apr 17: Fredericton Playhouse, NB
Mar 3-8: ECMA, Sydney, NS	Apr 22: Communitea Café, Canmore, AB
Mar 11: Bates College, Lewiston, ME	Apr 24: The Haven, Edmonton, AB
Mar 12: Northstar Café, Portland, ME	Apr 25: The Ironwood, Calgary, AB
Mar 13: Mission Bar, Pittsfield, MA	Apr 27: Lydia's Loft, Saskatoon, SK
Mar 14: Puck, Doyleston, PA	Apr 29: The Park Theatre, Winnipeg, MB
Mar 15: Rockwood Music Hall, NYC	Apr 30: Orange Hall, Victoria, BC
Mar 25: Indianapolis, Indiana	May 1: The Media Club, Vancouver, BC
Mar 26: Madison, WI	May 2: St. Bart's Hall, Gibson's, BC

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"Rose Cousins has burst into bloom on *The Send Off*, a sophisticated follow-up to her 2006 ECMA-winning debut, *If You Were For Me*." - *Exclaim*

"It wasn't long into her set that the rest of the people in the room were equally captivated by her honest lyrics, perfect (*can I say that?*) voice and gut-busting banter, which ranged from touchingly personal to hilariously inappropriate." - *NxEW*

"While it seems that the PEI native's silken voice is some sort of well-kept secret shared by music lovers outside of the East Coast, it feels like 2009 has been about building toward something bigger" - *Saint John Telegraph Journal*

